#### **Editors Introduction**

Welcome to the twenty eighth issue of the Dundee Partnership E-Bulletin.

Some of the recent news has put me in mind of the song 'Sunshine on a Rainy Day', a hit back in 1991 for Zoë (Google tells me it was the 18<sup>th</sup> highest selling single that year). Things are still difficult, but there are hopeful signs for the future.

Foremost in the news is that scientists now appear to be getting close to a viable vaccine, which I am sure will reassure many of us, particularly those most vulnerable to covid-19. While we are still at Level 3 of our national Coronavirus Protection Levels here in Dundee, a vaccine does give us hope of future progress back towards 'the new normal'.

The success of Scotland's men's football team in qualifying for Euro 2020 is another piece of good news (even if it did need to go to penalties), and more locally we have seen the Dundee Green Partnership winning 'Active Travel Project of the Year' at the 2020 Paths for All Volunteer Awards. This was for ReDiscover Dundee, a local eTrike project which has seen committed volunteers help people overcome barriers to cycling and participate in sessions in local greenspaces.

The festive season is just around the corner too, and while we may have to celebrate somewhat differently this year, Dundee City Council have agreed funding for twenty-three different agencies to help raise our spirits through the inaugural year of the Festive Fund.

This fund provided £50,000 for local community projects, taking in applications for installations and events designed to brighten up the city and help to foster community spirit. A small panel of council officers were joined by a community representative to decide on the applications received. As well as supporting some of the brightly lit Christmas Trees we are used to seeing in our communities the successful applications included;

- A 'Creative Christmas Challenge' for the Bottom of the Hill Focus Group who will work with local residents to create themed community artwork to be installed between Bonnethill and Tulloch Courts
- Helping Fintry Community Council to bring some Christmas Cheer to the area by decorating the village green
- Supporting Scrapantics to provide materials to hundreds of households across the city that will enable them to create bright window displays to celebrate the festive season, and then create a community gallery of these in both the Central Library and online

We hope that in the coming weeks, you begin to see activity local to you springing up and helping to create that festive feeling that we all need to experience at the end of what has been a very difficult year.

Until our next issue, please take care and stay safe.

Paul Davies Senior Community Planning Officer Dundee Partnership Team

### Dundee Partnership

# e-bulletin

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#### A New Chapter for Dundee North Law Centre

The local community will now be aware of the recent retirement of Peter Kinghorn who has been a prominent figure in Dundee's legal and voluntary sector for the last 30 years. Peter's achievements as Principal Solicitor of Dundee North Law Centre, based in Whitfield, are numerous, significant and well documented. He is sorely missed, and fondly remembered, by clients and colleagues alike. However, this sunset brings the dawn of a new age for the Law Centre. Joyce Horsman, who has taken up the mantle at the Law Centre, says that exciting times lie ahead. She is very much enjoying her new role and looks forward to continuing the important work of the Law Centre for the people of Dundee. To read more, click <u>here</u>.





Get Local Support is a new, locally designed, website which automatically connects verified volunteers with people who need assistance with shoppina, prescription collection, dog-walking or are looking for a friendly conversation with someone they can trust. Over the peak of the pandemic 544 support requests were completed. Now, with many returning to work and other day-to-day commitments, DVVA is making an appeal for helping hands willing to help others through Get Local Support. To read more, click here.



#### Participatory Budgeting – Church of Scotland

We are excited to announce that voting for Dundee Participatory Budgeting 2020 is now open. Participatory Budgeting is a process which allows projects to apply for funding to start or develop a project which benefits their community, and the public votes on which projects receive the funding. There are 13 community projects to vote for, and each person has 5 votes (we encourage you to use all 5 votes, but you can only vote once for a project). To read more information, including a link to the voting pack, click here.

#### **Carers of Dundee**

Carers of Dundee is an online platform offering free practical advice & learning for unpaid carers, families and workforce. We offer the following:

- Carers information & advice •
- Young carers information & advice plus information . and resources for youth support services and schools
- Service directory
- Events page packed with online information events • and group sessions
- Learning Portal packed with e-modules including Everyone Carers E-module •

**Carers**<sub>of</sub> Dundee

Remember to follow us on Twitter and Facebook for the latest news and updates for carers. If you are an organisation that would like to be featured on the Carers of Dundee website, please contact support@carersofdundee.org. Please visit www.carersofdundee.org to explore and learn more.





#### Lead Scotland Everyday Computer Skills: New course with the Open University

Lead Scotland are very pleased to announce that the free course Everyday computer skills: a beginner's guide to computers, tablets, mobile phones and accessibility is now live and ready for learners to sign up. The course has been designed with and for disabled learners.

Lead Scotland are also taking referrals and can provide one to one support to adults with disabilities, those with long-term health conditions, and adult carers. To read more, click <u>here</u>.

#### **DIWC – Flourish Parenting Class & Other Classes**

Positive parenting classes, which means taking an approach that is sensitive to children's individual needs and addressing the typical challenges that arise in early childhood with empathy and respect. Classes include information workshops, short courses, cooking & baking, and more. To read more, click <u>here</u>.

DIWC are also delivering a range of other, socially distanced groups for women, such as an art class, learning to sew, French, greener living and baking. They also have a free creche for participants. To read more on these, click <u>here</u>.

#### Penumbra Powwow

Penumbra are delivering a number of online sessions to help people with their mental health & wellbeing. These include <u>Relaxation Sessions</u> on Tuesday evenings and <u>Conversation Café's</u> on Monday evenings and Wednesday lunchtimes. For more details on how to access these, follow the links above.

#### Mental Health & Wellbeing Programme update

With the publication of the 'Listen, Learn, Change' Action Plan in July as strong foundation has been put in place to build improved mental health services for everyone across Tayside. To read more about what is happening 'behind the scenes', click <u>here</u>.











#### Children (Equal Protection from Assault) Act 2019

The Children (Equal Protection from Assault) (Scotland) Act 2019 (EP Act) will be implemented on 7 November 2020. The purpose of the legislation is to assist in ending the physical punishment of children by parents, carers or the person who has charge of them. It removes the statutory defence of 'justifiable assault' under Section 51 of the Criminal Justice (Scotland) Act 2003. To read more click <u>here</u>.

#### Scotland's Green Recovery

£3.5 million has been allocated to the Community Climate Asset Fund to help deliver climate-friendly projects. Fast-tracked funding to help local communities drive their green recovery from the coronavirus (COVID-19) pandemic has been announced. To read more, click <u>here</u>.

#### British Sign Language (Scotland) Act 2015: 5 Year Anniversary

The BSL (Scotland) Act 2015 came into force in October 2015. It promotes the use of BSL in Scotland, primarily by requiring certain authorities to develop BSL plans that outline how they will promote and raise awareness of the language. The British Deaf Association have created a video looking at progress to date and what work still needs to be done in future. To read more, click <u>here</u>.

#### **Catalyst for Change Funding Programme**

The Queen's Nursing Institute Scotland and The National Lottery Community Fund in Scotland are very pleased to announce a new round of our Catalysts for Change programme. We welcome applications from community nurses anywhere in Scotland.

Catalysts for Change (CfC) offers funding of up to  $\pm 5,000$  to help community nurses across Scotland - and their local partners - to explore and develop short-term projects that prevent, reduce or overcome health inequities and improve people's health and wellbeing. To read more, click <u>here</u>.



COMANN NAM BODHAR ALBA DEAF ASSOCIATION SCOTLAND







Dundee Partnership

### e-bulletin

#### **Good News for Dundee Waterfront**

Dundee Waterfront made a significant achievement in September with the signing of the lease on the whole Site 6 office block with Scottish Government to become the headquarters of the Social Security Scotland (SSS). Sites 10 and 11 have also had approved 18-month exclusivity periods signed off to allow exploration of proposals for a 4,000 seat E-sports arena/conference centre and an area of academic campus / media incubator / work accommodation. To read more, click <u>here</u>.



#### Scottish Government Information on Self-isolation in Community Languages

These versions of the latest Scottish Government campaign on self-isolation have been produced by MECOPP to ensure Minority Ethnic communities have access to information in community languages. We are in the final stages of producing 3 additional voice-overs in Gujerati, Polish and Romanian and will be distributing them shortly.

Cantonese - https://vimeo.com/469693164

- Arabic https://vimeo.com/469792794
- Hindi https://vimeo.com/469693210
- Urdu https://vimeo.com/469800047



#### Police Scotland – Community Reassurance Message re: Face Covering Exemptions

A reminder of the message put out by Police Scotland with regard to exemptions from wearing face coverings in public places. This states the reasons for exemptions and seeks to encourage people to think before challenging

anyone not wearing a facemask in order to prevent unpleasant or intimidating incidents. The letter can be found <u>here</u>, and there is also an easy read version <u>here</u>.



### Study into Social Isolation & Loneliness Amongst People with Disabilities

As part of a student placement with Dundee Carers Centre, Emily Kirby from Dundee University is inviting people with disabilities to take part in a study that will explore and

investigate how social isolation and loneliness affects and impacts disabled people in Dundee City. To read more, click <u>here</u>.



#### **Princes Trust – Opportunities**

Please follow <u>this link</u> to find out about Prince's Trust opportunities for young people in your area. They include a range of online sessions such as specific sector training programmes, employability training, personal & social development, and enterprise.

To refer a young person please email Lesley.brown@princes-trust.org.uk

Many thanks. The Prince's Trust Team

The Prince's Trust | 1b Kemback Street, Dundee, DD4 6ET | T 01382 448113

Confidence. Courses. Careers. Change your life, or be there to help a young person change theirs.

#### National Wellbeing Hub: Support in Difficult Times for Carers

Many things have changed as a result of the coronavirus pandemic and people's wellbeing is now more important than ever. Scotland's National Wellbeing Hub <u>www.promis.scot</u> has been set up to offer advice and support to help people adapt and cope with the day-to-day challenges being experienced such as isolation, anxiety, fatigue, poor sleep. To read more, click <u>here</u>.



#### Training – Sexual Health Needs of the LGBT Community

The Terrence Higgins Trust will be delivering some training on the *Sexual Health Needs of the LGBT Community* via Zoom on **Thursday 19th and Monday 23rd November** (2 sessions each of 2.5 hours). These sessions are for anyone who may have people from the LGBT community using their services. To read more, click <u>here</u>.







#### **Urban Beach for Dundee**

The council's civil engineering section are working on the exciting new Urban Beach for Dundee as <u>Planning Application</u> <u>19/00745/FULL</u>, which is also open for public view. Construction started on 24th February 2020 and was expected to be completed by April 2021, however, with the impact of Coronavirus (Covid-19), the revised completion date is now July 2021. To read more, click <u>here</u>.



#### <u>Links</u>

#### **Partner Links**

Department for Work & Pensions Dundee & Angus Chamber of Commerce Dundee & Angus College Dundee City Council Dundee Health & Social Care Partnership Dundee Partnership Dundee Partnership Dundee Social Enterprise Network Dundee University Dundee Volunteer & Voluntary Action Job Centre Plus Leisure & Culture Dundee

#### **Local Links**

Active Schools Newsletter Amina Muslim Women's Resource Centre Boomerang Community Centre Carers of Dundee Citizen's Advice Bureau DIAL-OP Discovery Credit Union Dundee Access Group Dundee Blind & Partially Sighted Society Dundee Carers Centre Dundee Federation of Tenants Associations Dundee International Women's Centre

#### **Carers of Dundee: Young Carers Page**

We are pleased to announce that we have now launched our <u>Young Carers Page</u>. The content incorporates the outcome of 4 years of work that now has been implemented in to all schools in Dundee to help support young carers and their families. Young carers, workforce and schools should check out the new Young Carers webpage created by Carers of Dundee. Young carers are also entitled to a young carer

statement which is an individual plan outlining the support a young carer should get. To read more, click <u>here</u>.



NHS Tayside My Wellbeing Protecting People Dundee Police Scotland Scottish Enterprise Scottish Fire & Rescue Service Scottish Government Skills Development Scotland TACTRAN Tayside Criminal Justice Authority University of Abertay Dundee

Dundee Pensioners Forum Dundee United Community Trust Family Information Services Funeral Link Good Governance Award Independent Living Dundee & Angus Lead Scotland Parish Nursing Penumbra Positive Steps Protecting People in Dundee (multi-agency) Salvation Army





<u>Shelter Scotland</u> <u>Tay Cities Deal</u> <u>Tayside Council on Alcohol</u>

#### **National Links**

A Local Information System for Scotland (ALISS) Action for Children British Deaf Association Parklives Power of Attorney Campaign Princes Trust <u>The Corner</u> <u>Transform Furniture</u> <u>Yusuf Youth Initiative</u>

Royal National Institute for the Blind Scottish Living Wage Accreditation Initiative Scottish Urban Regeneration Forum (SURF) Visit Scotland

#### Submission Dates

We will issue an e-bulletin every two months. To enable us to compile articles and carry out formatting or editing, please submit any articles to us at: Dundee.Partnership@dundeecity.gov.uk by the dates below.

Issue #	Submissions Deadline	Issue Date
29	18 <sup>th</sup> December	January 2021
30	19 <sup>th</sup> February	March 2021
31	23 <sup>rd</sup> April	May 2021

#### **Feedback**

We welcome any feedback on the e-bulletin so that we are able to make ongoing improvements in format and content that meets the needs of all who receive the bulletin.

Please send any comments to <u>Dundee.Partnership@dundeecity.gov.uk</u>

#### <u>Mailing List</u>

If you would like to be added to or removed from the mailing list for this e-bulletin please let us know by email to <u>Dundee.Partnership@dundeecity.gov.uk</u>. If asking to be added, please provide us with a full name, any agency, group or community with which you are associated, and your email address.

We also make occasional use of the mailing list to send out additional information and Dundee Partnership event invitations. If you do not wish to be contacted with these, please let us know.

If you know of anyone who would like to receive the e-bulletin, please feel free to pass this issue on to them and encourage them to contact us at the above email address.