



Editors Introduction

Here's our thirteenth collection of information that might be of interest / use to you, your families, or colleagues whilst we are getting through the coronavirus pandemic. There is quite a lot on funding in the latter half of this 'extra', which will be of particular interest to Third Sector organisations.

Please remember to follow the government and NHS guidelines on how to keep safe and minimise the spread of coronavirus. For more information on services, remember that the website <http://www.dundeehealth.co.uk/content/coronavirus> is being regularly updated by the Community Health Team.

If you have anything you would like to contribute to our next extra update, or our regular bi-monthly issue (no item too small!) then please send it to me at paul.davies@dundeecity.gov.uk. News on what is happening in your community would be particularly welcome.

Until the next update, hoping you all stay safe and well.

Paul Davies
Senior Community Planning Officer

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Third Sector Survey

Please see the following survey from DVVA for **Third Sector groups and organisations**: <https://www.surveymonkey.co.uk/r/9NTDVBVY>. Please share this with your networks.

This will help us to plan how we can support the Third Sector in the future when we get to the 'new normal'. I would be grateful if you could please take the time to complete this.

Please note that the survey closes on Wednesday 24th at 5pm.



Penumbra – Peer Led Wellbeing Conversation Café

We are delighted to be launching our Peer led conversation cafes which will run virtually each week, beginning Wednesday the 24th of June.

These will be informal one hour long sessions and will give people the opportunity to meet with our Peer Workers and book on our POWWOWs (Penumbra Workshops On Wellbeing). The sessions will run on Zoom and our Workers can contact people prior to ensure they're comfortable with the technology.

There's no application required, people can self-refer by calling or e-mailing us on the details provided in the attached poster. Participants must be aged 16+ and living in Dundee.



If you are working with an existing group who would be interested in POWWOWs, please get in touch and we can deliver sessions specifically for your group.

It would be much appreciated if you are able to share this amongst your teams and networks. See also the attached flyer for more information.

Many thanks and best wishes.

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Dundee Partnership

e-bulletin



Boredom Busters

Every Monday to Friday, Faith in Community Dundee will be posting on our Boredom Busters FB page different ideas for activities to do at home (and some ideas for outdoors), from under 5's through to teenagers and families;

Mon – under 5's

Tue – 6-10's

Wed – 11-13

Thurs – Teenagers

Fri – Families

All activities are designed to require minimal resources, to (hopefully) make them nice and simple to do! And every day for each age group, we'll also be posting a link to a free audiobook. Please like the page and share! And if you have any ideas for activities, send them in.



[FICD Boredom Busters Facebook Page](#)

Support With...

Mental Health Support

FICD are pulling together information about support (they'll send it out asap) and people can also access mental health advice and support through Welfare Rights; 01382 431188, option 2 for Welfare Rights - mark this as urgent if there is a risk of suicide and they can put them in touch with the Mental health team and the identified mental health officers in Arlene Mitchell's service.

The Community Health Team website also holds information on [mental health support services](#) -

Substance Misuse

We Are With You – Substance misuse support. Contact: 01382 206888

Food

Update on the Feeling Strong service;

They won't be taking new referrals for their 'one-off' Food & Care Packages, but will be compiling a list of individuals who are interested in new weekly Food & Care deliveries and then assessing their eligibility. All referees have to do is send an email to contact@feelingstrong.co.uk and they'll be in touch to discuss the individual's needs. This new, more tailored service will be in place by the end of June.

Food Train – A reminder that they still have capacity for more referrals

Excess fresh food (vegetables)

If you have excess food or about to go off (fruit/veg)

- Dudhope Multicultural Centre are cooking every day and can take the food. Contact Sohini: 07754713274
- Lochee Community Group can replant them. Contact 07771848252 / locheecommunitygroup@outlook.com



Supporting Communities Fund

Hillcrest has been awarded £100,000 from Scottish Federation of Housing Associations Supporting Communities Fund. There were four element to the funding and Hillcrest is to be the 'anchor' organisation to help distribute the funds

- Energy Top Ups (£30,000)
- Early Release Prisoners (£20,000)
- Recovery & Outreach (£25,000)
- Isolation & Wellbeing (£25,000)

I have been asked to lead on Early Release Prisoners and Recovery & Outreach to distribute the funds. The funds are to be spent city-wide (not just on Hillcrest tenants and service users) and we are seeking to work in partnership with other organisations to spend the funds.



The criteria for which the funding has to be used is below.

Early Release Prisoners we aim to support early release prisoners with accommodation and start up packs including something to sleep on, sit on and cook on. We are safely preparing any void properties to ensure they are available. Linking closely with Dundee's early release prisoner working group of which we are a member. We are receiving reports of very poor mental health from prisoners being set up in network flats with little to no support. We are looking to purchase inexpensive mobile phone and top up cards to give to at risk vulnerable people who have no access to telephone support from essential services. Properties also don't have TV's in the current climate this is an essential to reduce already high isolation for many vulnerable people. We aim to support a minimum of 40 people.

Recovery & Outreach The distribution of basic hygiene and wellbeing packs, these will be distributed through our links with Hillcrest Futures, the Cairn Centre, NHS harm reduction teams and through referrals from other agencies, this will also cover advice on harm reduction and wellbeing. Supporting a minimum of 500 of the most vulnerable people in our community people

Abertay Housing Association has been awarded £70k for food distribution so the above funding should not duplicate this.

If you think that your organisation can help to ensure that this funding is used to help support the people it is aimed to reach and could use a proportion of the funds please get in touch. There is no formal application process but if you could email me and let me know

- How much funding you need
- How the funds will be used
- How many people you will support

The funding will be available until all funds have been allocated. If you wish to discuss this further, please do not hesitate to contact me on my mobile.

Kind Regards

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Wellbeing Fund & Capital Fund

As referrers into the Triage Support Service for the FORT, we would like to let you know about the changes that have been made to the system and also about the top ups that have been made to the fund from the Scottish Government.

The Wellbeing Fund is currently open to all young people, children and families across Dundee, where [impact of poverty linked to Covid-19](#) is identified. This can include food, electricity, gas, [hygiene products](#), [activity](#) resources for children, clothes for children and capital goods including technology.

The Wellbeing Fund can be directed in three different ways at present.

- Direct payment – where there is a required need for a family to pay bills such as gas, electric.
- Vouchers - the vouchers that the family are given would not be able to be spent on alcohol, lottery or cigarettes so this is something to keep in mind for vulnerable families that a direct payment might not be suitable for.
- Capital Funding – a referral in for technology for a family to avoid digital exclusion, whether this be a laptop, a tablet or a mobile phone. This would be sent directly to a service and delivered to the family in their home.

Along with the Wellbeing Fund and Capital Fund, referrers are now able to refer into the FORT for the following care packages

- Food Parcels
- Sanitary Parcels
- Hygiene Parcels
- Baby Products
- Activity Parcels for children, these range from a 10 week programme kit set up by Dundee Science Centre to Growing Packs provided by the Maxwell Centre.

These will be provided by a range of organisations including Aberlour, Action for Children, Barnardo's, Children 1st, The Gate Church, Parent to Parent and One Parent Family Scotland.

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British Red Cross Hardship Fund

The Hardship Fund was created by the British Red Cross with our partner Aviva and the Aviva Foundation to help those most financially impacted by the coronavirus outbreak. The fund provides short term financial help for people who can't afford the essentials such as food and toiletries, somewhere safe to sleep, access to a telephone and the internet and fuel to keep the lights on, cook or stay warm.

The British Red Cross's Referral Partner Organisations can register people for cash assistance. They can request a one-off payment of £120 or a three month grant. People registered for the three-month grant will receive £360, paid in monthly instalments of £120 each.

For more information, click [here](#).

Small Funds for the Third Sector

Faith in Community Dundee have compiled the below table of funders that are currently available for applications.



| Name of Fund | What you can apply for | How much? | Deadlines | Website |
|---|--|-----------|-------------------------------|---|
| Dundee Bairns | The small grant scheme can be applied for by projects who seek to provide food for children in particular. Projects must provide feedback in form of receipts proving expenditure; only if they do this can they apply again for more funding. The may apply a total of three times should this be required. | £500 | On-going, until funds run out | Contact Gemma for more information and an application: dundeebairnscoordinator@gmail.com |
| FiCD | Micro-grants for the food projects – food and associated items (i.e. nappies, baby milk, dog food, etc.) | £500 max | Ongoing until funds run out | Contact Jacky regarding this fund jacky@faithincommunitydundee.org |
| Al-Maktoum College of Higher Education, Dundee. | Any community-based organisation which is a registered charity, based within a 25 mile radius of Dundee, a quick turnaround Emergency Fund of up to £500 to help relieve the effects of the Covid19 crisis | £500 | Ongoing | https://www.almcollege.ac.uk/coronavirus-rapid-response-fund/ |



| Name of Fund | What you can apply for | How much? | Deadlines | Website |
|--|---|---|-----------------------|--|
| Scotmid Community Grant | Groups including: local community, self-help or voluntary groups and charities (including local branches of national charities). | £500 | Ongoing | https://scotmid.coop/community-and-charity/supporting-local-communities/community-grant/ |
| NHS Tayside Community Innovation Fund | To establish projects or take action to tackle issues which affect the everyday lives of people living in our communities. The fund is looking for NEW and INVENTIVE ways of helping communities. | Between £500 and £25,000 (maximum of £18,000 for two years and a maximum of £25,000 over three years) | Ongoing | https://www.nhstayside.scot.nhs.uk/GettingInvolved/CommunityInnovationFund/index.htm Mr Richard McIntosh Community Capacity Building Officer cif.tayside@nhs.net Mobile : 07807 166067 Richard is more than happy to talk to anyone who is interested in this fund. It is definitely worth calling/emailing him before you apply. |
| National Lottery Awards for All Scotland | Voluntary or community organisation; registered charity; constituted group or club; not-for-profit company or Community Interest Company. We will prioritise applications from organisations that will support people at high risk, will see an increased demand in this period, or that have high potential to support communities with the impact of COVID-19. | £300 to £10,000 | Ongoing | |
| Corra Foundation | Theme: 2020 – Enabling families to cope with the impacts of poverty. Micro-grants of £1,000. Must be registered Charity. | | Micro-grant – ongoing | https://www.corra.scot/grants/henry-duncan-grants/ |



| Name of Fund | What you can apply for | How much? | Deadlines | Website |
|----------------------------------|--|--------------------------------|---|---|
| Bank of Scotland Reach programme | Must be registered charity, operational for more than one year. Demonstrate they address disadvantage or social exclusion. This will ensure that our funding will reach the most vulnerable people across Scotland, to provide them with opportunity and equality and making positive, sustainable change. | £5,000-£30,000 For one year | Applications looked at monthly during 2020. | https://www.bankofscotlandfoundation.org/index.php/funding-programmes/reach |
| The Foyle Foundation | The Foyle Foundation has re-opened its Small Grants Scheme to support smaller, grass-roots and local charities across the UK during the Covid-19 crisis. Organisations which are currently delivering services to the young, vulnerable, elderly, disadvantaged or the general community either directly or through online support can apply for grants of between £1,000 and £10,000. Funding can be used to cover core costs or essential equipment, to enable ongoing service provision, homeworking, or delivery of online digital services. | £1,000 and £10,000. | | Applications can be submitted at any time. For more information visit here |



| Name of Fund | What you can apply for | How much? | Deadlines | Website |
|----------------------------|--|-----------|-----------|--|
| Co-op Local Community Fund | <p>Projects must;</p> <p>bring the community together to help those in need, providing access to life's essentials such as community spaces, food and bereavement support</p> <p>Support the mental and physical health of others through community wellbeing activities</p> <p>Enable people to develop or share their skills to foster community spirit and build resilient communities for the future</p> | | | <p>Applications must be completed by midnight on 28 June 2020</p> <p>More info and to apply here</p> |